



MAY | 2017

Southwood Jr Sr High Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Stuffed Cheese Breadsticks w/ Marinara Sauce Veggie Cup (#1) w/ Dip Corn Fruit (2) pudding Cup Milk	2 Tenderloin on Bun w/ Lettuce, Onion, Tomato Cooked Carrots Peas Fruit (2) Milk	3 Chicken & Noodles Mashed Potatoes Green Beans 1 Butter Bread 2 Butter Bread Fruit (2) Milk	4 Taco Salad w/ RF Doritos w/ Lettuce, Cheese, Salsa Refried Beans Fruit (2) WG Muffin Milk	5 Chicken Nuggets Seasoned Hash Brown Cubes Italian Vegetables Cornbread Fruit (2) Milk
8 Brd Chicken Patty on Bun w/ Lettuce, Tomato, Onion Au Gratin Potatoes Seamed Cauliflower Fruit (2) Milk	9 Soft Taco Wrap w/ Lettuce, Cheese, Salsa Mexican Rice Corn Fruit (2) Milk	10 Calzone Fresh Baby Carrots Tossed Salad w/ Lt Dressing Fruit (2) Cookie Milk	11 Country Fried Steak Mashed Potatoes w/ Gravy Green Beans Dinner Roll & Marg Fruit (2) Milk	12 Corn Dog Potato Wedges Baked Beans Fruit (2) Yogurt Cup Milk
15 Philly Beef & Cheese Sub w/ Sautéed Vegetables Tossed Salad w/ Lt Dressing Corn Fruit (2) Milk	16 Knight Burger on Bun Oven Fries Veggie Cup (#2) w/ Dip Fruit (2) Milk	17 Chicken Tenders Mashed Potatoes & Gravy Steamed Broccoli Biscuit & Marg Fruit (2) Milk	18 Turkey & Cheese Sub w/ Lettuce & Tomato Baked Beans Cooked Carrots Fruit (2) Milk	19 Brd Chicken Patty on Bun w/ Lettuce, Tomato, Onion Baby Carrots w/ Dip Green Beans Fruit (2) Milk
22 Pepperoni Pizza Fresh Baby Carrots Tossed Salad w/ Lt Dressing Fruit (2) Cookie Milk	23 Popcorn Chicken Bowl w/ Mashed Potatoes & Gravy Corn Dinner Roll & Marg Fruit (2) Milk	24 Chicken Quesadilla Peas Broccoli w/ Cheese Sauce Fruit (2) Jello w/ Whip Topping Milk	25 School Cookout Cheeseburger on Bun Chips Baked Beans Potato Salad Fruit (2) Milk	26 Sack Lunch Day PB & Jelly Jammer String Cheese Chips Veggies Fruit (2) Treat Milk
29	30	31 Salad Bar Monday – Thursday No Salad Bar On Friday		

News

There are 3 ways to make a complete reimbursable meal for all students.

- **Main Tray Line**
- **Salad Bar**
- **Ala Carte**

Just ask cashier if you have any questions.

This institution is an equal opportunity provider.

Menu subject to change without notice.

**Lunch Served
11:15 am – 12:35**

Grades 9-12 Only