

SOUTHWOOD ANNOUNCEMENTS

Noble Knights. Respect. Responsibility. Personal Best

JANUARY 9, 2018

Happy New Year! Welcome Back!

Today's lunch: Macaroni & Cheese, blueberry muffin, baked beans, steamed broccoli, fruit and milk.

NO SALAD BAR

Breakfast for tomorrow: Cereal, blueberry muffin, fruit, juice and milk.

Remember to show respect, exercise responsibility and do your personal best.

Have a great day and as always . . . *Let's Go Knights!*